Better Begins Now

Introducing Rally.™ Inspiring a healthier you, every day.



Made just for you

Answer a few easy questions, and get a customized experience designed for your life.



Sweet, sweet rewards

Earn coins and bonus incentives for taking positive steps and making healthier choices every day.



Mission accepted

Our simple but effective health missions are built to help you reach your health and wellness goals.

Sign up at myuhc.com®

Upon reaching **myuhc.com**, click on the Health & Wellness tab located in the upper right-hand corner. Please note, the first time you visit the site, you will need to create a user name and password.



